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Up and Coming Recording Artist Debuts New Single With Legendary Recording Producer

With a world renown producer behind him, up and coming artist Ryan Bengard drops his first single the first week in September called “Breathe of Life.” With talent beyond that of most first time artists, Ryan was able to attract producer Ronnie King who has produced albums for well known recording artists including Tupac Shakur, Dirty Heads and Pepper.

“It felt great to be working with such a awesome team,” Ryan said when asked about the [creative process of recording his first song](#). “Ronnie King is an epic producer. He really improved my instrumental so much that I was inspired to write new lyrics that turned out to be far better than the first.”

Born in Orange County, California, school was never easy for Ryan. Fights were the norm. Ryan tried to escape his challenges by looking to music, which got him through a lot of tough times in school, and in life. It is through music that he starting to write down his emotions, aggressions and thoughts. Ryan took guitar lessons during junior high school and taught himself to play bass. After being expelled from La Habra’s Sonora High School for knocking out two senior males who goosed him, he started writing spoken word poetry in a continuation school when he was 16. His English teacher recognized the talent in some of Ryan’s elaborate writings, and she asked if she could send his writings to some people. Not knowing who these people were or what would be the outcome, Ryan said yes and he ended up winning awards from the National Library of Poetry, and the International Society of Poets. After high school he started a punk rock band

called "One Foot In." His musical influences were Bad Religion, Penny Wise, Social Distortion and others off the world-acclaimed Epitaph Records. The band soon broke up after everyone went their separate ways for college.

Ryan soon found an additional talent in the martial arts arena. He studied Muay Thai kickboxing under world renowned trainer Collin Oyama and progressed quickly. Within a year of beginning his training, he had his first Muay Thai fight and won by knockout. Ryan then began to cross train with Brazillian Jiu-Jitsu and has won many awards and including the Grappler's Quest Championship and the World Grappling Games Championship. He also became Martial Arts Instructor to the World's top Mixed Martial Artists and the US Marines at Camp Pendleton. Since a young boy, Ryan had always been a fighter, mostly for protection, but now he was using it to help other fighters perfect their styles and techniques. Ryan says, "I've been fighting my whole life. Mixed martial arts only helped refine, and sharpen who I already am."

Things flowed very natural on the set of the video. Ultimately I'm very thankful to God for making this happen!

You can find Ryan Bengards music at www.youtube.com/ryan_bengard.